## 2016 GOLD COAST AIRPORT MARATHON - PERSONAL REFRESHMENT SERVICE

Available for Seeded & Priority Start Runners only.

REFRESHMENT STATIONS - 5KM, 10KM, 15KM, 20KM, 25KM, 30KM, 35KM & 40KM First four tables and layout will be the same at each refreshment station

Gold Coast Airport MARATHON

**TABLE 1 – MEN** 

Back of table

TABLE 2 – WOMEN

Back of table

**TABLE 3 – MEN** *Back of table* 

TABLE 4 – WOMEN

Back of table

PRIORITY START MEN M101 - 3000

1-3-5-7-----43-45-47-49

**SEEDED MEN - ODD NUMBERS** 

PRIORITY START WOMEN M101 - 3000

51-53-55-57-----93-95-97-99 SEEDED WOMEN - ODD NUMBERS PRIORITY START MEN M3001+

2-4-6-8------44-46-48-50 SEEDED MEN - EVEN NUMBERS PRIORITY START WOMEN M3001+

52-54-56-58-----94-96-98-100 SEEDED WOMEN - EVEN NUMBERS

Front of table Front of table Front of table Front of table

**DIRECTION OF RUNNERS** 

**TABLE SIGNAGE** 

A-Frame

TABLE 1 TABLE

TABLE

TABLE 4

Please ensure you know which table your personal refreshment (special drink) will be on! Drinks will be arranged in numerical order, left to right, at either the front (seeded) or back (priority) of each respective table.